

ANNUAL REPORT 2021

CONTENTS



- Introduction Friends of VIN
- Happy New Year 2079
- Our Approach
- Program Updates (General)
- Volunteers 2021
- VIN is 16 years old

Friends of VIN is an SDO



Ever since we entered the world of non-governmental, non-religious, non-profit organizations, we decided to not label ourselves with a negative pre-fix, so Friends of Volunteers Initiative Nepal (FoVIN), Netherlands, calls themselves an SDO – a **Social Development Organization**.

FoVIN was founded in March 2011 and our work centers on putting the efforts for change in the hands of local people and we actively encourage local people to volunteer within their communities, aiming to unite all sectors of society in working together to set up and run local projects. We run these programs with our Nepal-based partner, Volunteers Initiative Nepal (VIN) and once the community is self-sustainable we remove our active presence and move on to a new area. Our goal is to facilitate empowerment and improvement of basic living conditions and to make marginalized communities independent and self-sustainable.

We perform various fundraising activities in Europe, form partnership with private institutions and apart from providing financial support and sending volunteers to Nepal, Friends of VIN also acts as a sounding board for our partner organization in Nepal, VIN.

Happy 2079!





FoVIN NL team would like to wish you all a Happy Nepalese New Year 2079 with the sincere hope that the world will be a safer place this year.

The year just gone was still very much in the grip of the pandemic, but in October 2021, Nepal opened for tourists again provided they could show proof of COVID vaccination.

This meant that we could finally welcome international volunteers again.

We hope that we will see more volunteers which will enable us to do more projects in 2022.

We thank you deeply for your continued support - without you, none of this would be possible.

OUR APPROACH



Poverty is a complex phenomenon; its causes and symptoms are entangled and there is no one-fits-all solution. **FoVIN's mission is to empower marginalized communities** by holistically co-creating healthy, self-sustainable communities where people have access to adequate sanitation, health care, education and economic opportunity. After a period of several years when the community is self-sustainable, we remove our active presence and we move to the next community and repeat our process.

Our five focus areas are:

- Women's Empowerment
- Community Health
- Youth Empowerment
- Children's Development
- Environment and conservation





Women's Empowerment

The Women's Empowerment Program is essential for the social and economic development. We have been working with and for the most marginalised women to improve their quality of life and uplift their social and economic status, through income generation activities, formal and informal education, and social awareness workshops.

FoVIN is supporting the continued work of the microcredit cooperative and helps drive women toward autonomy.

Community Health

Nepal has made impressive progress in health outcomes relative to its income level. Life expectancy has been steadily increasing and Nepal's progress in reducing maternal and child deaths has been lauded internationally, even though the maternal mortality remains the highest in the South-East Asia Region. But challenges remain.

Healthcare is not yet universal: access to quality services at an affordable cost remains a goal rather than an achievement for several groups of Nepalis. The rise in non communicable diseases and the constant threat of natural disasters require new approaches.





Youth Empowerment

The Youth Empowerment Program aims to empower socially and economically youth aged 16 to 30 by means of educational, life skills and entrepreneurship development projects, and to involve them in community development initiatives through Youth Clubs' formation. We aim to reverse this trend by developing and retaining community youth. We want to inspire and encourage Nepal's youth. Engage them in community development or give them vital social and professional skills.

Children's Development

The primary goal of the Children's Development Program is to enhance the holistic development (physical, cognitive, social and psychological) of children aged 3 to 15 and to support the basic education of students from disadvantaged backgrounds. It aims to promote children's rights through access to both education, and school- or community-based Children's Clubs.



Environment and Conservation

The Environment and Conservation Program aims to conserve, promote and protect the natural environment and the indigenous knowledge, and to prevent, abate and control water, land and air pollution in order to enhance health, safety and welfare of this and future generations of Nepal.

Program Updates



Unfortunately, we don't have many program updates from 2021 as we had limited funding and limited volunteers.



Blood Pressure Check-Up and Aware Training in Okhaldhunga

The CLC also saw various other activities; online English class with volunteers from WeTomorrow and computer training.

Stop Climate Change Campaign 🤾

In July, VIN organized a 'Stop Climate Change Campaign' where they oriented the community about climate change.

They also distributed and supported the planting of 2500 trees.



Children Sponsorships



On the 16th of July, in the presence of Ward No. 1 Chairperson of Siddhicharan Municipality, Kedar Basnet, VIN distributed school supplies, sports materials, and school uniforms to the sponsored children of Taluwa, Thulachhap and Bhadaure.

VIN have been supporting 40 children's education in the area.



Library Construction





Library construction by VIN at Narayansthan Secondary School, Asine, Okhaldhunga.

Over 500 children will directly benefit from this project!

Press link to see a short video: <u>Library</u> <u>Construction</u>



Blood Pressure Check-Up

A blood pressure check-up was conducted in Okhaldhunga.

More than 350 people got their pressure checked by our international volunteer Melanie, who is a doctor.

People were recommended the right way to control their BP and some were requested to go to hospital immediately.



Volunteers 2021



As 2021 was still reeling from the percussions of the pandemic. Countries slowly started to open their borders but people were cautious and we saw only 7 volunteers.

| | Male | Female | Total |
|---------------------|------|--------|-------|
| LMTV + work camp | 1 | 6 | 7 |

In November 2021, Maria Dima from Greece became the first work camp volunteer since 2 long years!



Congratulations! VIN turned 16!



VIN was established in 2005 by likeminded people who wanted to give back to the community and make a difference in Nepal.

It's 100% local – no expensive head count outside Nepal so the money donated are spent fully towards keeping the organization alive and the projects it implements and supports.

We wish VIN another 16 successful years with more great impactful projects and empowered communities. Thank you for your continued support during 2021!





Girls from Dadagaun school

THANK YOU! 🗼

Friends of VIN team NL

We look forward to seeing you in 2022.

